

GATOR GAZETTE



Great job this past weekend at Gold River meet! The entire coaching staff is so proud of this team! Unfortunately, they beat us by less than 30 points. However, we had a lot of best times, so thanks for coming out and supporting your GATOR team!! This Saturday we'll take on the Dixon Dolphins at home. If your swimmer can't make the meet, the deadline to sign out in the BINDER is today!!

The pool will be closed next Tuesday afternoon through Wednesday late morning. As a result, there will be NO MORNING PRACTICE NEXT WEDNESDAY! Practice will resume on Wednesday afternoon.

IMPORTANT DATES

June 17	Buddy Night, 6pm
June 19	Dixon @ LCRC
June 22	Team Photos 4pm; Parent Mtg 6pm
June 23	Habit fundraiser
June 26	Rocklin @ LCRC
July 3	no meet-Indep. Day
July 10	LCRC @ Davis
July 14	Big Spoon fundraiser
July 17-18	Norcal Champs

Buddy Night this Thursday, June 17th

Come out and join the fun of mixing it up with your buddy. Girls bring drinks and desserts; boys bring dinner. Please discuss with your buddy what he or she would like. Small gifts are okay (not mandatory) but please don't spend a lot of money!

There will be no practice for 10 & unders!

11 & up have practice from 4 - 6pm.

Buddy Night begins at 6pm.

Come out and have a great time!

TORTURE WEEK IS HERE!

This is a week of intense work outs. Coach Sara would like each swimmer to try to "complete" the week:

11 & ups: 8 out of 10 practices

10 & unders: 7 out of 10 practices

The dedicated swimmers who accomplish this will be rewarded with a fabulous "torture week" t-shirt. So remember to have your swimmer sign in at each practice, and email Coach Sara by Thursday with your swimmers t-shirt size!



Team Photos are taking place next Tuesday, June 22nd at 4pm. **There will be no practice!** Please have your swimmer wear his/her team suit! There will be a Parent's Meeting following at 6pm for all parents. Please try to make it!